



What makes me ME?

Draw yourself or stick a photo of yourself here.





What makes me ME?

These are from other people with FASD. Are you the same?
Add the important things that make you **you** to the diagram.

I like to help

I take care of animals

I enjoy IT

I'm caring

I have a strong imagination

I'm musical

I like singing

I'm good at baking

I'm a good ballet dancer



I'm good at making cat sounds!

